

# how is learning affected?

Childhood trauma can negatively impact learning and behavior because of the way terror and fear create changes in the brain.

*This can lead to difficulty in:*

- Processing verbal information
- Focusing
- Following directions
- Recalling what was heard
- Retaining information

*These cognitive deficits may result in:*

- Low self esteem
- Poor problem solving
- Increased truancy
- Behavior issues
- Hopelessness
- Increased peer conflict
- Increased dropout rates

# what is childhood trauma?

Childhood trauma refers to traumatic experiences that happen between the ages of birth to 17.

These traumas can be the result of intentional violence—such as physical or sexual abuse or domestic violence—or the result of a natural disaster, accident or war.

When trauma happens, the child is overwhelmed by terror and can experience a prolonged heightened state of alertness, stress or persistent fear for his or her safety.

## contact us

### **Detroit Institute for Children**

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trauma workshops  
and  
crisis response  
services

detroit institute for children

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# how common is trauma?



Childhood trauma is more prevalent than many people realize and often has long-lasting effects.

**26% of children** in the U.S. witness or experience a traumatic event before they are 4 years old.

**60% of adults** say they have experienced abuse or other traumatic family events in their own childhoods.

**11% of girls ages 14-17** reported experiencing sexual assault or abuse during the past year.

**41% of youth under 18** reported experiencing a physical assault in the last year.

**14% of children** have experienced abuse by a caregiver.

**70% of children** living in poor inner-city neighborhoods are exposed to trauma.



## trauma training

- Children of Trauma
- Structured Sensory Interventions
- Trauma Informed Schools
- Healing the Experience of Trauma
- Courageous Classrooms
- Courageous Connections

### Trauma/Crisis Response Team

We can help with response to tragedy, natural disaster, death, loss, accidents and secondary trauma.

The Trauma Response team is designed to assist in the response to acute trauma impacting your school, organization or environment. A team of therapists, social workers and trauma informed practitioners will come to you.

## who we are

Founded in 1920 as a non-profit agency, the Detroit Institute for Children currently serves thousands of children with special needs in schools,



Head Start, and early intervention programs throughout Michigan. Services provided include speech language pathology, occupational and physical therapies, social work, psychological services and special education consulting.



**Our highly qualified practitioners and instructors utilize protocols and interventions based on the Structured Sensory Interventions**

**for Traumatized Children, Adolescents, and Parents (SITCAP®) model and focus on stabilizing the crisis/trauma experience. This model can be successfully applied to diverse cultures within varied settings.**