

Miralax

Parent Information Sheet

Why it is prescribed

Miralax is used for the treatment of constipation.

How to give Miralax

- Miralax is prescribed only for use by the patient whose name appears on the prescription.
- Give Miralax exactly as your doctor has prescribed.
- Do not give Miralax more often or in larger doses than what your doctor has ordered. If you have any questions or concerns about the current medication, call your doctor's office.
- If you miss a dose take the missed dose as soon as possible. Do not give a double dose.

The phone number to the office is (313) 832-1100 ext. 220.

Side Effects:

Nausea, cramping, abdominal bloating, flatulence, diarrhea, and excessive stool frequency may occur.

Special Considerations

- Miralax may be given in 8 ounces of water, juice, or soda.
- If diarrhea or excessive stool frequency occurs, give Miralax every other day instead of daily.

Procedure for getting a prescription

- If you require a prescription refill before your next scheduled appointment, please call the clinical services office at (313) 832-1100 ext. 220.
- Please have your pharmacy phone number available before calling for prescription refills.
- The Detroit Institute for Children is not open on weekends or holidays. The clinical services department is open from 8 am till 5 pm Monday through Thursday and 8 am till 12 noon on Fridays.
- If you are overdue for a return appointment or have not kept a scheduled appointment, your child's doctor reserves the right not to prescribe the medication.

***Poison Control Center:
1-800-764-7661 (1-800-POISON-1)***